

How to Celebrate Thanksgiving with Others

As business owners, managers and professionals, we all have many reasons to be thankful. As most of us gather around the table for our traditional Thanksgiving feast on 11/24/05, please share a reason for your gratitude. This will bring cheer to others and lift everyone's spirits including yours. Also, it will help to increase the meaning of the celebration. The following are five things that I'm thankful for:

1. **Life** - being able to live a fun and productive quality of life and not just exist
2. **Love** - having supportive, encouraging and caring people all around me, especially Mark
3. **Spiritual Abundance** - having God and Jesus in my life and the fellowship of other Christians
4. **Open Communications** - having the confidence and abundance of words to freely express my feelings, interests, desires, needs, wants, thanks, encouragement
5. **Contentment** - consistently feeling that there's abundance in my life and enjoying what I have, "less is more"

Tell me your reason for gratitude and I'll include this information in our next Ezine. Don't delay! Share a reason for your gratitude today!

About the Author: Rosemarie Strawn is a Motivational Speaker and Corporate Trainer with over 15 years experience in Team Productivity Improvement. Ms. Strawn provides Public Speaking Coaching to increase sales and customer satisfaction. She is President-Elect for the New Jersey Association of Women Business Owners, NJAWBO. She is an Advisor for the Piscataway Industrial Advisory Commission appointed by the Mayor. Ms. Strawn is the Owner of **Positive Actions**.

Since 2001, **Positive Actions** has delivered results-oriented, customized and cost-effective **Training Seminars and Motivational Speeches** to organizations to improve team motivation and productivity that will in turn increase profits. We serve companies who want to improve communications and teamwork both internally and with their customers. Some training topics covered are **Public Speaking with Confidence, Time Management, Conflict Management, Teamwork, Change Management** and **Customer Service**. Some Motivational Speeches include: **Value Your Work, Positive Attitude for Productivity Improvement** and **Live the Entrepreneurial Lifestyle**. **Positive Actions** also provides one-on-one **Public Speaking Coaching**. For our complete lists, please go to www.positiveactions.com/services/seminars.htm. We are your strategic partners for results-oriented "**Team Productivity Training**." **Positive Actions** quickly provides customized, cutting-edge and cost-effective training solutions to satisfy our customers' needs. For example, we had a 2-day turnaround to provide training solutions to a major corporation, which we successfully accomplished. If you would like to know our recommendations on how to offer training seminars and motivational speeches to your organization, please contact us today at **732.394.0406** or at www.positiveactions.com/services

Blog Question

Share a Reason for Your Gratitude

In our "**Positive Attitude for Productivity Improvement**" workshop, we discuss the importance of thanking others to increase morale and productivity. This results in increasing cooperation and support both on a personal and professional level. What are you most thankful for in your life? Post your comments at <http://positiveactions.com/resources/blog.htm> for others to see and learn from you...

Have a fantastic and blessed Thanksgiving Holiday! My wish is for you and I to share a reason for our gratitude each day, everyday...