

How to Enjoy the Holiday Festivities

As business owners, managers and professionals, we all need ME time. As most of us busily prepare to celebrate Christmas, Hanukkah, Kwanzaa and other traditions, remember to have fun. Make your list and check it twice for all activities that must be done before the celebration. Reschedule all activities that can wait for after the holidays. Include on your must-do list, something fun for YOU. Plan all the steps needed to make this come true. If you don't schedule time to plan this activity, it will not happen and will remain on your wish list unfulfilled. What are you planning to do for fun in 2005 to make it memorable? There are less than 20 days remaining for it to become a reality and for you to get what you want. You deserve it. You have worked hard all year, you're busy shopping for presents, cleaning, decorating and cooking special dishes - what will you do for fun? Post your comments at <http://positiveactions.com/resources/blog.htm>

The following are some reflections for the Holidays:

"There is more to life than deadlines and due dates.

Sometimes life is about deep breaths, hot baths, good friends and one more spin on the merry-go-round.

Find the balance.

Make time to dream, it's the beginning of goals.

Make time to laugh, it's the music of life.

Make time to play, it keeps you creative.

Make time to relax, so the good things in life can catch up with you." - Anonymous

Tell me your fun activity and I'll include it in our next Ezine. Don't delay! Plan something fun for you today!

About the Author: Rosemarie Strawn is a Motivational Speaker and Corporate Trainer with over 15 years experience in Team Productivity Improvement. Ms. Strawn provides Public Speaking Coaching to increase sales and customer satisfaction. She is President-Elect for the New Jersey Association of Women Business Owners, NJAWBO. She is an Advisor for the Piscataway Industrial Advisory Commission appointed by the Mayor. Ms. Strawn is the Owner of **Positive Actions**.

Since 2001, **Positive Actions** has delivered results-oriented, customized and cost-effective **Training Seminars and Motivational Speeches** to organizations to improve team motivation and productivity that will in turn increase profits. We serve companies who want to improve communications and teamwork both internally and with their customers. Some training topics covered are **Public Speaking with Confidence, Time Management, Conflict Management, Teamwork, Change Management and Customer Service**. Some Motivational Speeches include: **Value Your Work, Positive Attitude for Productivity Improvement and Live the Entrepreneurial Lifestyle**. **Positive Actions** also provides one-on-one **Public Speaking Coaching**. For our complete lists, please go to www.positiveactions.com/services/seminars.htm. We are your strategic partners for results-oriented "**Team Productivity Training**."

Positive Actions quickly provides customized, cutting-edge and cost-effective training solutions to satisfy our customers' needs. For example, we had a 2-day turnaround to provide training solutions to a major corporation, which we successfully accomplished. If you would like to know our recommendations on how to offer training seminars and motivational speeches to your organization, please contact us today at **732.394.0406** or at www.positiveactions.com/services

I saw a sign "Jesus is the reason for the season" which was a reminder for why I celebrate Christmas. Have a blessed Merry Christmas and Happy Holidays 2005. May God continue to bless you and your family with great health, happiness, prosperity, joy, peace and freedom in 2006!